



# Ladies Cuppa and Cake Morning!



Open invitation to all  
our friends and neighbours  
every Thursday 9:30 - 11:30!



Come along and enjoy  
a cuppa and chat with  
friends and neighbours.  
Learn new skills too  
like cake decorating,  
knitting, IT training tips.

If you have no time then  
pop in for 10 mins for a  
coffee break before you  
continue your busy day!



Place: 3 Upton Park Road



Contact: Aisha 07725311212

